

Part 1: Yes Vs No

Icebreaker

When was the last time you avoided something that needed to be done?

Discussion Questions

How do we commonly disguise our delayed obedience — more time, the right moment, etc.?

Do you think Jonah's life was better or worse when saying no to God?

What about your own life? Will it be better or worse by saying no to God?

Why do you think God issues Jonah the same command at the beginning of both chapters 1 & 3?

What might obedience look like this upcoming week instead of someday?

Next Steps

What is one thing you should say yes to God in 2026?

