



## HOW TO BE SLOW TO ANGER

### ICEBREAKER:

- What movie sequels are better than the originals?

### DISCUSSION QUESTIONS:

1. What is one of the silliest things you became angry at?
2. Think about everything that happened last week. On a scale from 1 to 10, how angry did you become at any point last week?
3. Out of all the qualities of God, how often do you think of God as being slow to anger? And why?
4. Read Paul's words in Ephesians 4:26-27. What stands out to you the most in his instructions?
5. Think ahead. In this upcoming week, is there a specific opportunity where you might become angry? If so, how will you be patient in that opportunity with the imperfection of others?

### NEXT STEPS & PRAYER REQUESTS:

- Text any questions you have into Crosswind Church at 1 (833) 256-0751.