



ICEBREAKER

- Have you ever been asked a dumb question? If you're a parent, of course you have. Tell the group about the time someone asked you a dumb question.

DISCUSSION QUESTIONS

1. Think about (if you can) what it would be like to be completely paralyzed. Hearing Jeremy's story might have given you some kind of insight. What do we take for granted every single day?
2. Read John 5:1-5. Doesn't this question that Jesus asks seem dumb to you?
3. Have you ever tried helping someone that deep down didn't want to be help? Please share.
4. Jeremy said, "Jesus does not allow neutrality. You must either dismiss him or believe him."
 - What are some reasons people you know don't want help?
 - What are some reasons you don't ask for help?
5. Do you want Jesus' help...really? Not just help at salvation, but help in every area of your life.

NEXT STEPS & PRAYER REQUESTS

- Grab a bookmark and/or journal for reading John's gospel.
- Consider where you have not allowed Jesus to help you. Then ask Him to help.