



Week 3

Bible Text: Philippians 4:10-13

IceBreaker: Share a time in life when you were fully content.

Discussion Questions

1. Does the kind of contentment the apostle Paul describes seem achievable in your own life? Why or why not?
2. What are some things that make it difficult for you to believe God may do extraordinary and unexpected things through your challenging circumstances?
3. How would your current season look different if you were able to resist the forces, pressures, and temptations of your circumstances?
4. What is one thing you can do to live with more contentment out of the knowledge that you can't change your circumstances, but Jesus can? How can this group support you?

Next Steps & Prayer Requests

- How can we pray for you this week?