

DISRUPT series

Week 4.

Teaching Video:

ICEBREAKER

Share a funny memory of anticipation.

- Example: Christmas Eve night, the day before your wedding or vacation, etc.

BIBLE TEXT: Romans 8:19-25, 8:18

DISCUSSION QUESTIONS

- 1.** Can you describe a phase in your life when it seemed like disruptions kept coming?
- 2.** How do you cope through disruption after disruption?
- 3.** What's your definition of hope?
- 4.** Read Romans 8:24-25. Who enjoys waiting? Patiently waiting?
- 5.** If you learned Paul's words in Romans 8:18, how would your outlook at disruptions and/or life in general shift?
- 6.** Jeremy quoted Viktor Frankl in his book, *Man's Search for Meaning*, "Those who have a why to live, can bear with almost any how." Do you agree or disagree with that statement? Why?

NEXT STEPS

As Christ followers, we have a hope to carry us through every disruption.

- Find a verse in the New Testament part of the Bible to commit to memory.
- Search for a worship song that you can sing in times of need.
- Ask your homegroup for other tips and ways to help.