



ICEBREAKER:

Share a funny story that involves a swimming pool.

DISCUSSION QUESTIONS

- 1.** Can you think of a time when it seemed you had stalled (relationally, professionally or spiritually) and weren't sure what to do? Describe how you felt in that season.
- 2.** Read **Hebrews 5:11-14**. Milk vs. solid food. How would describe your own relationship with Christ? Is it hard for you to recognize spiritually immaturity in your own life?
- 3.** Jeremy made the statement, "There's risk when we decide to put down the bottle, but there's reward when we feed ourselves." What risks come with a bottle? And what rewards come by picking up a fork to feed yourself?
- 4.** What's currently holding you back from journeying deeper spiritually?
- 5.** What steps can you take this week to "pick up a fork" and feed yourself? How can this homegroup support you?

NEXT STEPS // HOW CAN WE PRAY FOR YOU?

Join us as we begin to read through the Bible in the next 21 days. Download the Crosswind Church app and click on "Bible". It will take you to the YouVersion Bible App reading plan. Pick up a fork!

**Take a moment to share your story how a homegroup (past or present) impacted your life via the Crosswind Church app or a notecard.*