

u n s u b s c r i b e

## Week 2

## Complaining

**Main Text:** Philippians 2:14-18

**Additional Texts:** Job 10:1; Exodus 16:2-4; Numbers 11:1-4; Numbers 14:27-30

**Before You Begin:** What is your biggest pet peeve?

### Discussion Questions:

1. What do you think are some of the causes of your complaining?
2. How is complaining to God an act of disobedience?
3. **Read Numbers 11:1-4 and Numbers 14:27-30.**
4. What influence has complaining had on your life?
5. In what ways do you feel your complaining has offended the heart of God?
6. What are some of the significant consequences caused by your complaining?
7. **Read Philippians 2:14-18**
8. How do you think your life would change for the better if you stopped complaining? What about even if your situation stays the same?
9. What are some ways you can stop complaining and start rejoicing in all situations?
10. What are some of the ways God has continually provided for you that you can rejoice about?
11. What does it communicate to the world about your faith when you complain all the time? What does it communicate about your faith when you rejoice in all circumstances?

### Next Steps:

- 1) Become aware of how much you are complaining by keeping track of it.
- 2) Intentionally say positive words.
- 3) Distance yourself from people who complain too much.
- 4) Seek God's help by praying and asking Him to show you ways to stop complaining.
- 5) Take time this week to read the following verses and allow the power of God's Word to help you quit complaining: Proverbs 3:5-7, Lamentations 3:39, James 5:9, Romans 12:2, 1 Cor. 10:10, Isaiah 59:1-2, Philippians 4:8-9, and 1 Thessalonians 5:9-10.