



Week 5

Keeping Rhythm

Reference Text: Deuteronomy 6:7-9

Main Text: Deuteronomy 6:7-9

Before You Begin: Describe a typical day for you and your family.

Discussion Questions:

1. **Read Deuteronomy 6:7-9**
2. What are some things that strike you about this passage? What stands out?
3. When you think about leading your family spiritually, what are some things that come to mind?
4. Have you ever felt shamed or guilty when listening to another family share how they are pursuing Christ? Why?
5. Have you ever felt like you had to change who you were as a family in order to pursue Christ? Why did you feel that?
6. When does Moses instruct the Israelites to impress things of God upon their children?
7. Where are moments in your day when you can leverage your families natural rhythms in order to pursue Christ?
8. Are there some changes to the rhythms that you feel like you may have to make?

Next Steps:

1. Identify one or two moments in your families natural rhythm of life where you can leverage a moment for spiritual gain. Begin making steps in that direction
2. Download the parent cue app (if you have a child under 5th grade) and check out the suggestions on how to continue the discussion with your children after they leave church.
3. Purchase a book from the reference list (on our church app) and follow one or two of the suggestions for leveraging every day rhythms of life to influence your children spiritually.