Week 2 **Resting in God's Provision**

Takeaway:
Surrender leads to peace

Before You Begin:
What is the best book that you have ever read?

Discussion Questions:
1. **Read Philippians 4:4-5**. Why is it so difficult for you (people in our society) to rejoice in the Lord? What reason do we have to rejoice?
2. Why do you think it is important that Paul references the Lord as being "near" as a reason to rejoice? How does God's presence or the imminence of his return keep a believer joyful? Does it keep you joyful? Why or why not? Why do you think it's so easy to lose this truth?
3. How does your outward attitude affect others? At work? At School? Why is this important to the kingdom of God?
4. **Read Philippians 4:6.** What do you worry about? Do you think those things matter to God? Why does God want us to talk to him about these things?
5. Why is it so difficult to surrender control to God? How have you struggled with surrendering control? What do you think that says about the way you view God?
6. **Read Philippians 4:7.** What does prayer have the power to do? How does prayer give you peace? How does prayer guard your heart and mind? Why do you think that Christians have such a hard time praying to God in this way?
7. Jeremy said that it is one thing to pray to God for help, its another to surrender control of the issue. How has this been true in your life?
8. **Read Philippians 4:8-9**. Why do you think Paul wants you to think about good things? Why is it easier to view the negative? How does dwelling on the negative effect your peace? How do you practice dwelling on good?

Next Steps:
1. Identify an area where you major on the negative rather than the positive. Pray that God would give you peace about this issue.
2. Share the issue in number 1 with someone in your group. Ask them to pray for you and hold you accountable to surrender completely in God's provision