



Week 2

It's Just Physical

Before You Begin:

Do you remember the “sex talk” with your parents? Who was more uncomfortable, you or them?

Discussion Questions:

1. Which of these lies (Sex is casual, sex is essential, and sex is just physical) do you think is the most prevalent in our culture? Are there other lies that we are taught about sex?
2. What are your thoughts about the truths (Sex was a God's idea, God wants you to have amazing sex, God defines the boundaries of sex)? Have you been taught things contrary to these truths (either by broader culture or by the church)?
3. **Read Genesis 2:24**
4. What boundaries did God put around marriage?
5. Where do you see people push the boundaries that God created for Sex?
6. What damage have you seen occur when people take sex out of God's boundaries?
7. **Read 1 Corinthians 6:15-17**
8. What is Paul saying about sex?
9. Do you agree with the concept that sex isn't just physical? Why or why not?
10. What experiences or evidence do you have that supports the idea that sex is more than physical?
11. What are some consequences of treating sex like any other physical act?
12. **Read 1 Corinthians 6:18.** What is the practical application of this verse? What does it look like in today's culture to “flee” sexual immorality? What does it look like in your life?
13. **Read 1 Corinthians 6:19–20.** How does this view of our bodies affect what we should believe and practice when it comes to sex?
14. If someone younger asked you for one piece of advice about sex, what would you tell him/her? What would you tell him/her about the purpose of sex?

Next Steps:

What can you do to flee sexual immorality? Who can hold you accountable to these steps?

